



TABLE OF CONTENTS

1. Steps to Getting Ready for Spiritual Victory
2. Binding and Loosing Prayers Can Change What You Haven't Been Able To
3. The Best Way to Begin Praying This Way
4. Cooperating With Jesus for the Renewing of Your Mind
5. Cooperating With the Holy Spirit for the Healing of Your Emotions
6. Cooperating With God for the Surrendering of Your Will
7. Getting Rid of Your Soul's Final Excuses
8. Now You're Ready and Here Comes God!
9. GLOSSARY of Binding and Loosing Terms



CHAPTER I

Steps to Getting Ready for SPIRITUAL VICTORY

As you begin to pray with the binding and loosing prayers while regularly reading God's Word (both actions reinforce each other!), you will find that you can believe that God is going to help you with whatever has you weighted down. You will want to cooperate with Him more than you ever have.

FYI: You will begin to feel that your prayers have spiritual hands and feet instead of just being hopeful thoughts floating around in your head.

Moving Past Your Baby Steps

New Christians just like the milk of the Word of God because they cannot chew anything yet. Try feeding a new Christian any stronger truth than the fact that Jesus loves him and will take him to heaven when he dies, and he will choke and spit up like a cat with a big hairball.

You'll have to thump him on the back and spiritually burp him! This book will try to keep spiritually burping you if you are a new Christian.

If you are a more experienced Christian who has never heard of or thought of using the Keys of the Kingdom (Matthew 16:19), then this could get really exciting for you! You can finally begin to get rid of all the toxic waste in your soul (junk in your trunk) that keeps upsetting your walk with Jesus. You can finally stop walking around (or sitting in the corner) with a sour stomach like you've been sucking on a bottle of pickle juice.

It is quite likely that you have already tried to overcome obstacles you've run into trying to do this *walk in the Spirit* thing. For example, maybe you've read your Bible until your eyes began crossing and you still don't feel any release or relief. Maybe you have tried to put on a happy face and be cheerful all the time and it's getting on your nerves! Maybe you have tried to do what God's Word says and it goes against everything you really want to do. That can feel really frustrating.

Here's the problem: Your thoughts weren't automatically cleaned up and renewed at the point of your salvation experience. Your emotions weren't automatically healed and refined at that time, either. Your stubborn, self-oriented will dug in and determined to fight every step of surrender you tried to take toward God at that time, making you step all over your own feet as you tried to walk with Jesus.



FYI: Being born again in your spirit doesn't mean that you are fully (or even partially!) surrendered to Jesus in your soul or your body.

Here's the inside information on what's been getting in the way of everything you may have been trying to do to be an overcoming Christian.

Your unsundered soul has had quite an elaborate plan in place to keep you in your place!

- Your **unrenewed mind** considers all new information that comes your way, draws conclusions, establishes your beliefs, and makes decisions according to its own desires. Your unrenewed mind is the **Master Schemer** in your unsundered soul.
- Your **unsundered will** provides the boldness and drive to enforce your choices, pushes to obtain your desires, and follows through any way it can on the decisions your soul wants completed. Your unsundered will is the **Enforcer** of your unsundered soul.
- Your **unhealed emotions** have been negatively impacting almost everything you think, say, or do. They can end up spooking and chasing your choices and decisions around like a herd of wild donkeys. Your unhealed emotions are the **Drama King and the Drama Queen** of your soul.

These three areas of the unsundered soul can be quite formidable when they become laser-focused on getting their own way. Whatever that might be, it is usually against the will of God. While praying in the past, you may have wondered why it seemed so hard at times to do what you thought you should. Here's why: you had three experienced guerilla fighters (your unrenewed mind, unsundered will, and unhealed emotions) coming against one semi-experienced spiritual soldier—you. It's time to get ready to shake up that equation!

Surviving the Human Life

To survive human life, we all learn coping behaviors that temporarily distract us, ease our pain, and help us bury our hurts, unresolved issues, and needs. These wrong coping behaviors include denial, deception, chemical abuse, overeating, arguing, defensiveness, and more.

After becoming a Christian and finding that you cannot seem to break so many of those old patterns of coping, you begin to justify and defend them with stronghold thinking patterns. Even if you are trying to break them, your efforts can continue to be shot down when your mind, will, and emotions all work



together to block your doing so. It is time for some supernatural prayer intervention to beef up your efforts.

When praying the binding and loosing prayers about issues you want out of your life, ***do not focus your thoughts on the problem***. focus your thoughts on the fact that God knows what is best and wants to bring it to pass. Just pray the binding and loosing prayers as purely as you can.

When you are not praying with as clean a purpose as possible, your personal judgments, criticisms, pettiness, and unresolved issues can block your understanding of how God wants to work to heal you. Praying the binding and loosing prayers with a personal edge of a grudge or bitterness can cause really uncomfortable things to rebound on you.

EXAMPLE OF WRONG PRAYERS:

- Father God, I'm so tired of you ignoring me; when are you ever going to answer my prayer and give me what I want? (self-focused self-will).
- Lord, I know you love JJ and I want you to bless him, but I bind JJ's will to your will so you can deal with his bull-headedness and straighten him out (desire for God to deal with JJ).
- I bind BK's thoughts to your thoughts, Jesus, and I thank you for her. But her stinkin' thinkin' messed up our whole project (blame placing)!
- I loose MT's arrogance and egotism from him because he is just too full of himself (judging MT instead of praying for MT); I just know he'd be a much better Christian if you dealt with his pride in himself.

Wrong prayers (regardless of how spiritual they might try to sound) tell God what to do, who He should fix, who's at fault, AND what He should do to straighten someone else or pay them back for us. Such prayers are not only wrong, they will rebound and cause struggles to the one who prays them. You do not have to be sure that you figure out the best possible prayer for your

FYI: Understanding where your struggles are coming from and what you can do to stop contributing to them will help you overcome them sooner.

neediest needs and most painful problems, because even the most basic binding and loosing prayers will position you very close to God. You can rely upon and relax into the One who knows all the right answers for you when you are praying to be in His will.



Like digging a splinter out of your finger, praying these prayers and the change that can bring can hurt a little at the time, but then the healing starts. Your only option is to leave the splinter embedded in your flesh and let it fester until your finger falls off. Some people who hate making decisions actually choose to hope that no action will eventually bring about resolution. The splinter might eventually rot away and disappear, but if your finger rotted and fell off, what was your ultimate cost?

Your soul only seems to be able to see the symptoms on the surface of your problems. Its typical short-sightedness keeps putting bandages over its wounds again and again without ever dealing with the infection in the wounds. Again, problem seems to have disappeared, but what is the final cost?

Praying surface prayers about truly scary issues rather than opening them up to God keeps you hanging on that proverbial rope with a knot tied in the end of it while dangling over a cliff above jagged rocks where the snakes all live. You may be trying to pray in faith while you keep thinking that if you can't hang on and the rocks don't get you, the snakes will.

If you've never prayed before, you may be willing to try anything to block out the rocks and the snakes—anything falling into the categories of drugs, alcohol, wrong relationships, thrill-seeking, and so forth. These are delaying tactics because the rocks and the snakes are still there.

Relying on surface truth is also like asking a man if he has quit beating his wife. He says he has. Surface question, surface answer. The whole truth is that he has now chained her in the basement and is starving her to death. Surface question, surface answer.

This book goes beyond surface truth, surface issues, surface symptoms, to help you uncover the deeper truth about why your life is not where you want it to be.



CHAPTER 2

Binding and Loosing Prayers Can Change What You Haven't Been Able To

You have a body, a soul, and a spirit. If you have accepted Jesus as your Savior (you did do that when we started, didn't you?), then your now born-again spirit is supernaturally connected to the Spirit of God. Your spirit is born again! Yay! Your body is just walking around in its earth suit hoping that someone will feed it, keep it warm in the winter and cool in the summer, and take it out for a burger and fries every now and then. Spirit is thrilled, body is hoping for a little comfort. So far, so good, right? Here's where it gets sticky. You may have never known that there was a third player in your life, a strong-willed, stubborn, sometimes really mean third player known as your unsundered soul. If you didn't, your hopes and dreams have probably been beat up and run over by it while you may not have a clue what hit you.

The enemy has delighted in every blow your soul has struck against you as you have tried to work with God, but it is not really that difficult to keep the enemy out of the picture.

FYI: The devil's ability to hurt you, confuse you, and scare you is tied into the level of your soul's unrestrained rebellion and resistance to God's plan for your life.

Why focus on fighting with the devil for your freedom when you can use the Keys of the Kingdom to surrender your way to it? Your soul contains all the baggage, junk, and toxic waste that has just kept messing up your whole life. Your soul works hard to keep it locked in place. You cannot think that toxic waste out of your life; you cannot scream it out, cry it out, fight it out, drink or drug it out with alcohol or dope.

You rarely can even psychoanalyze it out, because the best of psychoanalyzing often just teaches you how to strong arm the toxic waste and override the bad memories. But the toxic waste and the bad memories are all still inside your soul in some form, and it and the enemy will be ready to use them again if something or someone reactivates them in some manner.

FYI: No class, group, study, or human can permanently heal you of the toxic waste in your soul and the bad memories you have. Only God can, and all He wants is for you to give Him a chance and work with Him.

Some people have spent years trying to clean this toxic waste out of their souls with a soup spoon, some even with a baby spoon. This is definitely spiritually low-tech! Cooperate with the work of God, and He'll send in spiritual backhoes, wrecking balls, jackhammers, and dump trucks to renovate your soul.